

San Diego English Country Dancers

present

A Garden Party

The 2026 May Faire Ball

Gene Murrow

Dance Master

**Audrey Jaber, Chip Prince
and Laura Osborn**

Musicians

SATURDAY, MAY 2ND AT THE SOLEDAD CLUB

A Garden Party

Doors Open 5PM • Grand March 5:50 • Dancing 6-10PM

Formal attire of any period | Refreshments served

GRAND MARCH

SET 1

Flowers of Edinburgh

Moonflower

From Bud to Bloom

Cannock Chase

Gene's Gambol

Mignonette

SET 2

Cockle Shells

Gleaners

Now is the Month of Maying

Pluck Me a Fig

Crystal Spring

Jack by the Hedge

SET 3

Lambs on a Green Hill

A New Leaf

Revelations

Sunflowers

Kelsterne Gardens

Dandelion in the Green

FINAL WALTZ

DANCE INSTRUCTIONS

Instructions are presented on the following pages in alphabetical order.

NOTES ON THE INSTRUCTIONS

- “M1” + “W1” refer to Man 1 and Woman 1
- “M2” + “W2” refer to Man 2 and Woman 2
- “1s” + “2s” refer to First Couple and Second Couple
- “P” + “N” refer to Partner and Neighbor
- “R” + “L” denote Right and Left
- “CW” + “CCW” denote Clockwise and Counterclockwise
- “R-shoulder-round” denotes walking around each other by right shoulder, looking at each other. This is also known as “R-shoulder-gypsy”. The same applies to “L-shoulder-round”.

Cannock Chase

Dance and Tune by Charles Bolton

3 Couple Longways set, Is improper; Key of G, 6/8

- A1** 1-4 All Ps R-shoulder around 1 time.
5-8 End Couples chase CW halfway around stationary 2s.
- A2** 1-4 Top 2 Couples circle L halfway and *CALIFORNIA TWIRL* P.
5-8 Bottom 2 Couples circle L halfway and *CALIFORNIA TWIRL* P, ending with the Top 2 Couples facing up and the Bottom Couple facing down, *for...*
- B** 1-8 *WHOLE MORRIS HEY*
9-12 Top Couple cast off and others follow the leaders to invert the set.
13-16 All set and turn single.

Repeat 2 more times.

CALIFORNIA TWIRL

Change places with your P by turning the woman under joined hands.

MORRIS HEY

To start:

Top couple cast down, bottom couple cast up, middle couple follow top couple.

*Order through the middle of the set is:
Tops first, then bottoms, then middles.*

End the hey where you started it.

Cockle Shells

The Dancing Master, 11th edition, 1701

Longways, duple minor

Key of D minor, 2/2

Barnes 2, p. 21

A1 1-4 1st Corners R-hand turn once around.

5-8 1s L-hand turn once around.

A2 1-4 2nd Corners L-hand turn once around.

5-8 2s R-hand turn once around.

B1 1-2 1st Corners cross by R-shoulder.

3-4 2nd Corners cross by R-shoulder.

5-6 Circle L halfway.

7-8 1s cast down to progressed place, 2s lead up.

B2 1-4 1s dance a half figure-of-8 down through new 2s below and then 2-hand turn one-and-a-half times to progressed place.

Crystal Spring

Dance by Orly Krasner

Tune: English Folk Song

Longways, duple minor, Is improper, double progression

Key of F, 3/4

Barnes 2, p. 25

- A1** 1-4 1st Corners (women) set in place *R* and *L*, then change places passing *R*-shoulder.
- 5-8 With Opposite (original *N*), straight poussette *CW* halfway (women move forward).
- A2** 1-4 Men (now in 1st corner places) set *R* and *L*, then change places passing *R*-shoulder.
- 5-8 With *P*, straight poussette *CW* halfway (men move forward).
All progressed and crossed over.
- B1** 1-2 With Next Couple, Men join *L*-hands (3 beats), then Women join *L*-hands (3 beats), keeping other hand joined with *P*.
- 3-6 With joined hands, go once around *CCW* (women moving forward).
[Fried de Metz Herman called this a closed star.]
- 7-8 Cloverleaf turn single (men left, women right).
- B2** 1-2 *P* step *R* and honor.
- 3-4 *P* two changes of *L*s and *R*s (no hands).
- 5-8 *P* *L*-hand turn once around.
- Look for a New Couple.*

Dandelion in the Green

Dance by Jenna Simpson

Tune by Kathleen Fownes, "Dimanche a Paris"

Longways, duple minor

A1 1-4 Mirror back-to-back with Ns, Is taking inside hands and splitting the 2s to begin.

5-8 Circle L halfway, all turn single L.

2 *PETRONELLAS*:

A2 1-4 Take hands, balance the ring and *PETRONELLA* turn one place to the R.

5-8 Take hands, balance the ring and *PETRONELLA* turn one more place to the R, ending in original place, facing N.

All home.

B1 1-2 Ns L-hand turn putting the Is in the middle (men: $\frac{3}{4}$ turn; women: $1\frac{1}{4}$ turn).

3-4 Is R-shoulder pass halfway to meet other N (former corner) across the set.

5-6 With Corner: L-hand turn on side of the set sending Is back to the middle.

7-8 Is pass each other by R-shoulder and face W2 (M1 has to flip). M2 face W2.

B2 1-8 L-shoulder *DOLPHIN HEY* across the set ending with Is leading down the center, 2s dancing up the outside into the next round of the dance.

PETRONELLA TURN

Turn one place to your R by turning over your R-shoulder

DOLPHIN HEY

In a line across the set, Is are in the middle (M1 behind W1 to start) facing W2. Is pass W2 by L-shoulder, then M1 takes the lead across the set. As he rounds the corner W1 takes the lead one more time to get proper and progress as above.

The 2s do a regular L-shoulder *HEY* over and back 'til proper before progressing as above.

Flowers of Edinburgh

Music: Flowers of Edinburgh

Longways, duple minor

Key of G, 4/4

Barnes I, p. 41

- A1** 1-8 1s dance a full figure-of-8 around the 2s, starting by crossing down; 2s stay put.
1s end outside of the 2s to form a line of four across the set.
2s turn to face out.
- A2** 1-8 Full *HEY FOR FOUR* starting by passing N by R-shoulder, ending home.
- B1** 1-8 1s lead down, skip back up to place and cast off one place.
- B2** 1-8 With P, whole poussette CCW.

From Bud to Bloom

Dance by **Brooke Friendly** and **Chris Sackett**

Tune by **Shira Kammen**

Longways, duple minor

Key of D minor, 4/4

A1 1-4 Ps hand turn once around.

5-8 Ns L-hand turn (ending at home, 1st corners facing out).

A2 1-8 2nd Corners pass R-shoulders in the middle to start a full *HEY FOR FOUR* across the set.

End at home.

B1 1-4 2nd Corners change passing L-shoulder, 1st Corners change passing R-shoulder.

5-8 Circle L once around.

B2 1-4 Ps pass R-shoulder and turn single L.

5-8 Ps L-shoulder back-to-back.

Gene's Gambol

Dance by Orly Krasner

Tune by Pierre Phalese, c. 1560

Longways, triple minor

Key of G minor, 2/2

Barnes 3, p. 65

- A** 1-4 Top 2 Couples *R*-hand star once around, skipping.
 5-8 Bottom 2 Couples *L*-hand star once around, skipping.
- B** 1-4 1st Corners cross, 2nd Corners cross
 WHILE
 3rd Couple set and cross.
 5-8 All set to P, cross *R* to face back in.

Gleaners

Dance by Ron Coxall

Tune: Field of Dreams

3-Couple Longways set

Key of B flat, 4/4

Barnes 2, p. 50

- AI** 1-4 M1 and W3 cast around 1 dancer to end in middle place (M2 move up, W2 move down). M1 and W3 R-shoulder-round half-way.
- 5-8 Lines of 3 fall back and come forward.
- 9-16 Circle L all the way around and one place further. M1 will be improper at the bottom.
- BI** 1-4 All set to Opposite and cross over (turn back in).
- 5-8 Women face R and draw that man holding both hands (until opposite your P) two places CW.
(Order: 1s, 2s improper, 3s).
- 9-12 2s half figure-of-8 down
WHILE
1s lead below the 3s. (3s DO NOT move).
- 13-16 All lead up one place and honor P.

Jack by the Hedge

Dance by Jan Dale

Music: John Stapledon

Longways, duple minor

Key of C, 6/8

- A1** 1-2 Ps R-hand turn halfway, balance in and out.
5-8 Ps R-hand turn halfway, balance in and out, ending with men facing up, women facing down.
- A2** 1-2 Single file promenade (men up, women down).
3-4 Turn out to reverse direction.
5-6 Single file promenade back to home place, face P.
7-8 All turn single R to face P in home place.
- B1** 1-4 1st Corners set and turn single to end back-to-back on center diagonal.
5-8 2nd Corners set and turn single to end back-to-back on center diagonal.
- B2** 1-4 Single file circle halfway, CW, skipping.
5-8 All Ps set, pass R to face back in.

Kelsterne Gardens

Dance by Tom Cook, 1975

Dancing Master III, 1727

3-Couple Longways set

Key of D minor, 4/4

Barnes I, p. 63

A1 1-8 **All MIRROR HEY FOR FOUR**, 1s going between the 2s to start.

A2 1-8 *1s and 2s double figure-of-8:*

1s cross down through center and move up the outside

WHILE

2s move up the outside and cross down through the center to start.

Continue movement until all are in original places.

B1 1-4 **1s and 2s circle L** once around.

5-6 **1s** cast down one place to middle of the set

WHILE

2s lead up.

B2 1-4 **As in B1**, **1s and 3s circle L** once around.

5-6 **1s** cast down one place to bottom of the set

WHILE

3s lead up and separate to start the next *HEY*.

Repeat 2 more times.

Lambs on Green Hill

Dance by Daniel Seppeler

Longways, duple minor

Key of G, 3/4

Barnes 3, p. 81

AI 1-2 Is cast down (2s remain stationary).

3-4 Is half figure-of-8 up through 2s.

5-6 Is lead up (improper) through 2s.

7-8 Is fall back into P's place, improper.

AI 1-2 2s cast up (Is remain stationary).

3-4 2s half figure-of-8 down through Is.

5-6 2s lead down (improper) through Is.

7-8 2s fall back into P's place, improper.

All improper, unprogressed.

BI 1-2 Is and 2s take hands in a ring, balance the ring.

3-4 Circle L halfway.

5-8 Give P R-hands, balance forward and back, then change places with P by turning the woman under (as in *Duke of Kent's Waltz*).

B2 1-4 Circle R one time.

5-8 Give P R-hands, balance forward and back, then change places with P by turning the woman under.

Mignonette

Dance by Jan Dale

Tune: *Mignonette* by Terry Willetts

Longways, duple minor; Key of G, 3/4

Barnes 2, p. 84

- A1** 1-4 1st Corners *R*-hand turn once around.
5-8 Ps back-to-back passing *R*-shoulders.
- A2** 1-4 2nd Corners *L*-hand turn once around.
5-8 Ns back-to-back passing *L*-shoulders.
- B1** 1 Is lead down three steps
WHILE
2s move up the outside three steps.
2 All turn in towards P three steps, finishing facing in the opposite direction (Is face up, 2s face down).
3-4 All fall backwards six steps (Is with hands joined falling back *down* the set and 2s on the outside falling back *up* the set).
5-6 All dance forward three steps (Is up, 2s down); turn in three steps towards P and face the opposite direction (Is facing down, 2s facing up).
7-8 All fall back to original places with Is facing down, 2s facing up.
- B2** 1-2 Handy-hand turn once around, along the line in six steps (women by the *L*, men by the *R*).
3-4 Is cross down and cast up
WHILE
2s go up the outside and cross down.
5-6 Is cross down
WHILE
2s go up the outside.
7-8 2s *L*-shoulder-round halfway and drop back
WHILE
Is turn down and away to end all proper and progressed.

Moonflower

Dance by Susan Kevra

Tune by Rachel Bell

Longways, duple minor, improper

Key of G, 3/4

Barnes 3, p. 99

- A1** 1-4 Women set *R*, then *L* and turn single *R*.
5-8 All circle *L* once around.
- A2** 1-4 Men set *L*, then *R* and turn single *L*.
5-8 All circle *R* once around.
- B1** 1-4 All balance the ring, *Ps* roll-away across the set.
5-8 All balance the ring, *Ns* roll-away along the line.
- B2** 1-4 With *P*: Long back-to-back.
1-4 With *P*: 2-hand turn once-and-a-half.

Roll-aways

Dancer on the *L* (usually Men) “rolls” the dancer on the *R* (usually Women), around in front.

Encourage *lingering* roll-aways, connecting with the other dancer.

A New Leaf

Dance by **Brooke Friendly** and **Chris Sackett**

Tune by **Dave Wiesler**

Longways, duple minor

Key of A minor, 3/2

Barnes 3, p. 102

A1 1-2 **Ps 2-hand turn once around.**

3-4 **1s and 2s circle L halfway.**

A2 1-2 **Circle R halfway, back to home place.**

3-4 **Ns 2-hand turn CCW once around.**

B 1-4 *Flow into...*

Double Mad Robin once-and-a-half (1st corners outside, 2nd corners inside to start).

5-6 *Ps balance thusly:*

1st Corners dance forward as Ps fall back, then reverse direction with 1st Corners backing up as Ps dance forward.

7-8 *Ns asymmetrical gates:*

2nd Corners move forward as 1st Corners back up, once around.

9-12 **Slow set R and L to P, turn single R back to place.**

Now is the Month of Maying

Dance by Jenny Beer

Tune by Thomas Morley, 1595

Longways, duple minor

Key of C, 2/2

Barnes 2, p. 93

- A1** 1st Corners set forward and turn single R.
1st Corners continue that flow into a single file circle L (CW), their Ps curling in behind to follow.
All ending progressed and proper.
- A2** 2nd Corners repeat the figure:
2nd Corners (in 1st corner positions) set forward and turn single R.
2nd Corners continue that flow into a single file circle L (CW), Ps curling in behind to follow.
All ending in original places.
- B1** Women dance a half figure-of-8 through the Men.
With Opposite, CCW poussette halfway (M1 moving backward, M2 moving forward).
- B2** Men dance a half figure-of-8 through the Women.
With P, CCW poussette halfway to end progressed and proper (W1 moving forward, W2 moving backward).

Pluck Me a Fig

Dance by Anna Rain

Tune: "Winter Oranges" by Daron Douglas

Longways, duple minor

Key of G, 6/8

Barnes 3, p. 111

- A1** 1-4 2nd Corners dance R-shoulders (CW) around P (passing other corner by L-shoulder).
5-8 2nd Corners take P's near hand and lead around CW halfway (as if open half-circle to the L).
- A2** 1-4 1st Corners dance L-shoulder (CCW) around P (passing other corner by R-shoulder).
5-8 1st Corners take P's near hand and lead around CCW halfway (as if open half-circle to the R).
All ending in original places. Face N along the line.
- B1** 1-4 Ns L-shoulder back-to-back.
5-8 All set into the center; turn single R back to place.
- B2** 1-4 Circle L all the way around.
5-8 *With N, set-and-link:*
Take hands with N and set first. Then change places with N by casting or rolling over R-shoulder. (1st Corners turn R through the center to change places with N).

Revelations

Dance by Jenna Simpson

Tune: "She's Sweetest When She's Naked"

Traditional Scottish, c. 18th century

Longways, duple minor

Key of B minor, 3/4

- A1** 1-4 All Ps R-hand turn halfway and set (releasing hands).
5-8 Dancers in 1st corner positions (W1, M2) dance CW around N on the R.
- A2** 1-4 All Ps R-hand turn halfway and set (releasing hands).
5-8 Dancers in 1st corner positions (W1, M2) dance CW around N on the R.
- B** 1-4 1st Corners (M1, W2) start a half *HEY FOR FOUR* on the first diagonal, passing L-shoulder in the middle to begin. 2nd Corners (tight) cast along side to enter the half *HEY*, ready to pass P by the R-shoulder on bar 2.
- 5 When 1st Corners meet in the middle, they L-hand turn halfway (3 steps); 2nd Corners continue the last loop of the half *HEY*.
- 6-8 Coming in behind their Ps, 2nd Corners join L hands in the middle, all dance a L-hand star almost once around, easing out to end in original places.
- 9-12 *With N, set-and-link:*
Take hands with N and set first. Then change places with N by casting or rolling over R-shoulder. (1st Corners turn R through the center to change places with N).
- 13-16 Circle 4 to the L once around, releasing hands early to dance out to progressed place.

Sunflowers

Dance by Orly Krasner

Tune: "Planxty Dr. Aiden O'Rourke" by Peggy Beck

Longways, duple minor, Is improper, double progression

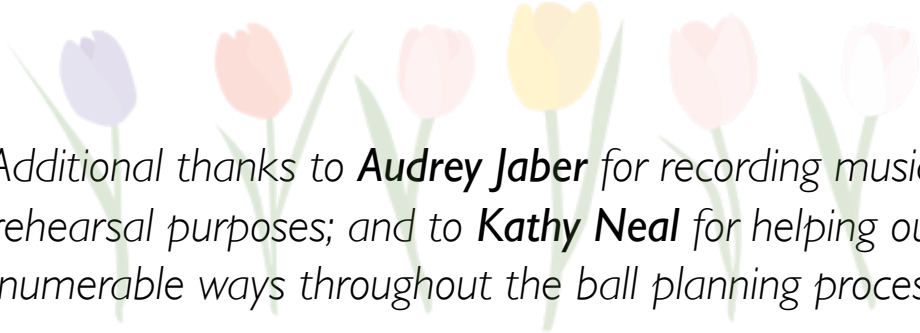
Key of G, 6/8

Barnes 2, p. 25

- A1** 1-8 Ps: Sharp Siding over and back (over by the L, back by the R).
1-8 1st Corners R-hand turn once around.
- A2** 1-8 Ps: Sharp Siding over and back (over by the R, back by the L).
1-8 2nd Corners L-hand turn once around (and ease out slightly).
- B1** 1-8 2nd Corners cast R followed by P and chase (no-hands circle) halfway around ring.
1-8 Ps cross-hand swing once-and-a-half to end proper (2nd Corners look back over R-shoulder to start).
- B2** 1-8 With Original Ns, star R once around.
1-8 With New Ns, star L once around.

Thanks to...

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<i>Decorations</i>	Leslie Anderson
<i>Booklet</i>	Ken Peters
<i>Website</i>	Rich Cosgrove

A row of six stylized tulips in purple, red, pink, yellow, pink, and white, with green stems and leaves.

Additional thanks to **Audrey Jaber** for recording music for rehearsal purposes; and to **Kathy Neal** for helping out in innumerable ways throughout the ball planning process.

SAN DIEGO ENGLISH COUNTRY DANCERS

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Save the Date!

The

2027 May Faire Ball

Saturday • May 1, 2027

Ellen Riley

Dance Mistress

**Karen Axelrod, Audrey Jaber
and Shira Kammen**

Musicians